

# FY2015 CHNA&HIP Progress Report

## Wayne County

### Community Health Improvement Plan

| GOAL  | Strategies  | Progress on Strategies  |
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| <p>Increase resources available regarding substance abuse prevention and education: 2009 Substance Abuse- Alcohol, Drugs and Tobacco: Alcohol use for Wayne County is 16% and state average is 20. Tobacco use is 26% for Wayne County and state average is 21%</p> | <p>Continue S.A.F.E. Coalition in Wayne County, with monthly meetings to discuss substance abuse issues, prevention, availability of treatment, resources and educational opportunities.</p> <p>Promote S.A.F.E. community awareness through activities, flyers, and group meetings.</p> <p>Offer tobacco cessation classes as funding allows.</p> <p>SEIDA has an office in Corydon to provide substance abuse services on a regular basis the need for this service is ongoing.</p> | <p>Ongoing: The S.A.F.E. Coalition meets Quarterly, along with the Interagency meetings, that include several entities (such as Law Enforcement, Public Health, FADDs, Resource Center, DHS, School , Faith Based Community, Business Leaders, Crisis Center, Community groups) that come together to discuss the needs of our community and the services or resources available. It is a great resource for all who come to the meetings and allows us to network and collaborate to improve our community. S.A.F.E.works to increase awareness and prevention of alcohol, drugs, and tobacco, some of their activities include Red Ribbon Week, Poster contests, and alcohol free prom and graduation parties. SEIDA continues to provide services in Wayne County with an office in Corydon. Ilene Johnston (SEIDA) attends the S.A.F.E. Coalition and Interagency meetings. Tobacco cessation classes are not provided as they have been found to be less effective and have less reach. Currently we are promoting Quitline IA through the Iowa Department of Public Health and have given brochures and fax referrals to the clinics and dental office. The Tobacco Coordinator who serves Wayne County is actively working with students in the Seymour and Wayne schools (Mormon Trail is provided services under Decatur) doing activities, attending events, handing out Quitline cards, and using visual aides to demonstrate the effects of tobacco. The students are in 7th-12th grade, the group is called JET (Just Eliminate Tobacco). There are 8 students from Seymour, 7 from Wayne and 19 at Mormon Trail involved with JET. The Seymour JET group presented at the Seymour city council, requesting that two of their parks be tobacco free. The group did a very nice job with their presentation, the city council is debating what a city park is and actually not very interested in pursuing a tobacco free park. The students were hurt and disappointed according to the tobacco coordinator. The 6 month data for Quitline fax and call referrals has been 28, which is 4 less than last year.</p> |

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|  |  | <p>For year 2015, Iowa Rankings Roadmaps to Health: Adult tobacco users for Wayne County is 20%, the state average is 18% and National benchmark is 14%. Wayne County had improved from 22% to 20%, last year and remained unchanged for this year. The state target goal (Healthy Iowans 2020) for smoked cigarettes in the last 30 days is; Adults (18 years and older) 12%, Students in 9-12th grade (no information available), state average is 18% with a state target of 16%. Alcohol use (Excessive use/Adult Binge Drinking) for Wayne County was 12% in 2012 and was not reported for 2015. Iowa State remains at 20% and National Benchmark is 8%. Wayne County had improved from 16% to 12% previously, the state target is 16%. No specific drug abuse information available. Per 2014 Iowa Rankings Roadmaps to Health: Adult tobacco users for Wayne County is 20%, the state average is 18% and National benchmark is 14%. Wayne County has improved from 22% to 20%. The state target goal (Healthy Iowans 2020) for smoked cigarettes in the last 30 days is; Adults (18 years and older) 12%, Students in 9-12th grade (no information available), state average is 18% with a state target of 16%. Alcohol use (Excessive use/Adult Binge Drinking) for Wayne County was 12% in 2012 and was not reported in 2014. Iowa State remains at 20% and National Benchmark is 8%. Wayne County had improved from 16% to 12% previously, the state target is 16%. No specific drug abuse information available. SEIDA numbers for Wayne County are: 39 total clients, 7 female and 32 male (drug/alcohol abuse). In 2015, this decrease as they have served 24 Wayne County clients.</p> |
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| Goal: Reduce the percentage of obesity of Wayne County adults and children to 65% from the 71% and the state average of 63% | <p>Educate on the risk factors of obesity through schools, community leaders, and the medical community.</p> <p>Make physical activity and healthy eating a priority among schools, families and adults.</p> <p>Promote Community Health and Fitness through community activities such as Walking Challenges and health screenings at a nominal cost to participant.</p> <p>Seek funding to support and promote physical fitness, increased activity and healthy eating within our community.</p> | <p>We had received a Community Transformation Grant (CTG) the grant ended September 29, 2014. This grant had allowed us to work within our community on system level changes. The CTG reminds us that it all starts in a community. Communities shape people and influence all areas of their life including their health. The grant focused on doing the ground work to promote healthy food choices and promote an active lifestyle. Some of these changes include healthy food options at points of purchase such as promoting 30% healthy food options in vending machines, or increasing walkability and bikeability within our community. All of these changes are identified through tools provided by IDPH, and focus on these areas: Tobacco Free Living, Active Living and Healthy Eating, Clinical Preventive Services, and Safe and Healthy Environments. We continue to increase awareness and work in the community to promote active lifestyles and healthy eating choices, and eventually decreasing obesity and chronic disease in Wayne County. We have two fitness centers in Wayne County, that provide and encourage activities they also promote health and well-being through diet and exercise classes, health screenings, challenges. Through CTG and Extension a group was formed to initiate a Farmer's Market and Community Garden in 2014, this year that work continues through Wayne County Development and the Extension, last week there were 14 vendors. At each Farmer's Market we also have service groups such as Wayne County Public Health, the Food Pantry etc., to bring information regarding their services or health information to the public. Our goal has been to increase availability of fresh fruits and vegetables for our residents, Last year many pounds of produce was donated to the Food Pantry and Senior Citizens. This year the Extension and Wayne County Development also hosted a training to certify producers so that they are able to take vouchers and Food stamps. Better Choices/ Better Health classes has been held in different areas of our county and are being promoted through the Wayne County Hospital and clinic system.</p> |
|   |   | <p>This year some of our concession stands offered grilled chicken salads and sandwiches, and had fruit for purchase. This has been a huge step for our county as we have been very reluctant to make progressive change toward healthy behaviors. The obesity rate for Wayne County is at 32%, Iowa 30% which is slightly up from last year. Baseline is 29% and target is 27% for Healthy Iowans 2020.</p>  |

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| Goal: Reduce the rate of teen pregnancy of 48 which is above the state average of 32 within our county, to the state average or below and to increase the rate of successful parents. | <p>Offer Family Planning Services through physician or Family Planning Educate on prevention, abstinence and promote healthy behaviors.</p> <p>Increase awareness of support and education opportunities such as Parents as Teachers, NEST, Empowerment, Public Health and WIC that can and will benefit families through education, screenings, increasing parenting skills and support.</p> <p>Educate on prevention, abstinence and promote healthy behaviors.</p> | <p>Ongoing: Family Planning Services are provided through the Physicians and Family Planning of Ottumwa. Wayne County Public Health dispenses birth control and does pregnancy tests, and makes referrals as needed. There were approximately 26 client visits to Wayne County Public Health through the Ottumwa Family Planning service. This is down from 2014 at 45. Education on prevention, abstinence and promotion of healthy behaviors is addressed through multi-disciplinary avenues such as WIC, Maternal Health, Parent's As Teachers, Growing Strong Families (formerly Nest), ECI (New Mom New Baby Visits). Wayne County Public Health sees many of the same families through different programs and often builds a rapport with our clients that enables us to be more effective. Referrals are made to connect the client to the appropriate services. Education and health promotion, encouraging positive behaviors, screenings, improving parenting skills and support are ongoing. 2014 County Health Rankings and Roadmaps report that the teen pregnancy rate for Wayne County (per 1000 births) is 43, the state average is 31. and decreased again for 2015, to 41 with the state at 30. This has decreased from 59.7 previously, to 52 in 2012 with the State at 33. This shows that the Wayne County teen birth rate and the State teen birth rate have both declined over the last few years although Wayne continues to be above average. The state goal for 2020 is to decrease the state average by 10%.</p> |
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| Goal: Reduce the rate of lead poisoned Wayne County children from 17.9% to the state average of 5.1% and continue to have 100% of our children tested by age 6., increasing the rate of children tested 9-35 months from 83.4% | <p>Promote lead testing/screening at each WIC clinic, in the Public Health office and at health screenings, health fairs and for South Central Iowa Medical Clinic.</p> <p>Increase opportunities for availability of lead testing. Obtain funding to provide lead testing services. Promote healthy behaviors. Educate families on the importance of lead testing and prevention. Work with local businesses that employees have exposure to lead.</p> | <p>Ongoing: We continue to educate on lead poisoning and prevention and to test blood for lead. WCPH provides lead testing for South Central Iowa Medical Clinic, at health screenings and fairs, and walk-ins at Public Health. We often are seeing the child for immunizations and will complete the lead testing at that time. We test at 1 year of age, before Head Start and Kindergarten (ages 3,4,5). Wayne County Public Health has taken over the lead activities to increase the testing and increase the follow up and education regarding lead poisoning, prevention and treatment. Physicians are notified of each lead level and if follow up or treatment is needed, referrals are made; such as retesting, venous draw at lab, dietary management and AEA. We continue to reach out to our community to educate and increase the lead testing, ensuring each child is tested and that the appropriate follow up is completed. There is no state funding for lead testing in Wayne County due to its size and Marion County holds the Title V contract but opted out of the lead component. WCPH has obtained funding through ECI for the tests only (\$15 for Lead, \$8 for HGB) time &amp; activities are not funded. Due to older housing, increased poverty, and the Battery Plant we do see a higher level of lead in our children. Per IDPH the main source of childhood lead exposure is deteriorated lead-based paint, lead contaminated dust, and lead-contaminated soil in and around older homes, lead is also used to make ammunition, batteries, etc. The number of lead poisoned children in our county for 2008 was 17.9% and the state average was 5.1% based on children born in 2002. In 2009 84.4% of the children between 9-35 months old were tested with 12.1% being lead poisoned. 12-31-10 latest data is 100% tested that were born in 2004 and tested before the age of 6, with 6.2% being lead poisoned. In 2011 latest data available is 100% tested that were born in 2005 and tested before age 6, with a 5.3 being lead poisoned.</p> |
|  |   | <p>For the 2014 report there is no percentage available for Wayne County but according to the State Lead Program/Stu Schmitz, State Toxicologist there were 73 children with new blood lead tests and 8 children received a retest or confirmatory tests. No 2014/2015 published data noted. WCPH does not disclose out of county residents as many of our immunizations and lead draws are Missouri , Appanoose, Lucas and Decatur residents.</p>  |
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| Have a Dentist available 5 days a week in Wayne County that will accept Medicaid clients by 2015. | <p>Have a Dentist available 5 days a week in Wayne County that will accept Medicaid clients.</p> <p>Offer I Smile services at WIC and Health fairs, and schools.</p> <p>Provide List of local and Pediatric Dentists.</p> <p>Notify Wayne County Hospital of need of Dentistry service on a regular basis, as they are supporting entity.</p> <p>Offer information such as transportation reimbursement for Medicaid services.</p> <p>Dental Audit results will provide information on need of services and where Dental care is obtained.</p> | <p>We now have two dentists so that Prairie Trails Family Dental Clinic is open 5 days a week. It is the only Dental clinic in Wayne County with Dr. Scieszinski and Dr. Wickwire providing dental care. At this time Prairie Trails Dental clinic takes new Wayne County Medicaid clients only but continue with their previous clients without regard to their funding source. In 2014/ 2015 the Dental clinic expanded, and has a satellite office in Lucas County and added another Dentist. I-Smile continues to provide services and education at schools, health fairs, Head Start and WIC, they provide oral exams, sealants and varnish. They mainly check for tooth decay or concerns that need seen by a Dentist and they make referrals and follow up. I Smile does well in providing contact information and keeping a current list of providers instructing on Medicaid reimbursement for travel expenses if needed and keep in contact with the dental providers building rapport. Dental Audits are completed yearly with the information being used by IDPH. I Smile assisted with training Dr. Scieszinski and staff to do Tobacco and Hypertension screening in 2013 and they continue to do these screenings. FYI- Dental Visits age 2 and older has declined, Healthy Iowa 2020 wants to increase from 44.5% to 49%. Tooth decay affects 1 in 4 children ages 2-5, 1 in 2 ages 12-15, 1 in 7 ages 35-44 has gum disease, and 1 in 4 age 65 and older has gum disease and/or have lost all of their teeth. Wayne County I-Smile numbers: Screenings 271, Decay 82, Sealants 28, for the 2nd Quarter I -Smile report 2015: screenings 119, decay suspected 33, and sealants 20 Fluoride and varnish are provided to most children. 2014 Decay rate is 30% (of those screened by I-Smile), 2015 decay rate is 28% . I- SMILE provides education and care coordination to each child with suspected decay. Wayne County has a suspected decay rate of 1 in 4. FY 2015 the goal is 58% of Medicaid enrolled children who receive oral health services.</p> |
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